

Lakefest Freedom Run  
Waseca, MN July 4th, 2014  
5 RESULTS

Place	No.	Name	City	St	Chiptim	Pace
1	235	Cole Streich	Janesville	MN	28:36	5:44
2	313	Jesse Delgado	Waseca	MN	29:18	5:52
3	237	Jake Wilkening	Janesville	MN	32:06	6:26
4	270	Brett Attenberger	Waseca	MN	32:59	6:36
5	323	Danielle Burke	Austin	TX	33:46	6:46
6	321	Alex Lohr	Austin	TX	33:46	6:46
7	339	Lars Mattison	Minneapolis	MN	33:46	6:46
8	294	Jack McCabe	Janesville	MN	34:05	6:49
9	252	Mitch Brekke	Hartland	MN	34:11	6:51
10	255	Alison Anderson	New Richland	MN	34:29	6:54
11	347	Nick Hoverstad	Waseca	MN	35:19	7:04
12	268	Matthew Thompson	Kasson	MN	37:12	7:27
13	279	Randy Brendal	Waseca	MN	37:24	7:29
14	289	Ana McCabe	Janesville	MN	38:30	7:42
15	224	Hunter Rodriquez	Waseca	MN	38:36	7:44
16	295	Stacy Dufault	Waseca	MN	38:52	7:47
17	296	Abbie Dufault	Waseca	MN	38:53	7:47
18	236	Jason Kaackmann	Waseca	MN	39:32	7:55
19	304	Brianna Marble	Waseca	MN	39:41	7:57
20	271	Sally Obrien	Waseca	MN	39:41	7:57
21	284	Michelle Sexton	West Branch	MN	39:53	7:59
22	285	Michael Sexton	West Branch	MN	39:53	7:59
23	322	Molly Burke	Hastings	NY	39:54	7:59
24	324	Mackenzie Burke	Waseca	MN	39:54	7:59
25	338	Josie Oakland	Bristol	SD	39:55	7:59
26	209	Alicia Knoll	Waseca	MN	40:22	8:05
27	246	Saul Lockerby	Faribault	MN	40:27	8:06
28	288	Noah Braget	Owatonna	MN	40:35	8:07
29	251	Jenna Brekke	Janesville	MN	40:35	8:07
30	320	Bryce Barrie	Waseca	MN	40:35	8:07
31	290	Dean Braget	Owatonna	MN	40:36	8:08
32	327	Kevin Glynn	Waseca	MN	40:37	8:08
33	303	Josh Kimball	Waseca	MN	40:41	8:09
34	225	Nate Rodriquez	Waseca	MN	41:08	8:14
35	253	Chris Tanaka	Elk River	MN	41:19	8:16
36	262	Tim Fierke	Owatonna	MN	41:24	8:17
37	340	Joseph Helms	Waseca	MN	41:27	8:18
38	280	Tom Metzдорff	Waseca	MN	41:27	8:18
39	266	Jodie Mogensen	Janesville	MN	41:50	8:22
40	265	Katie Wheelock	Janesville	MN	41:50	8:22

41	106	Barb Hansen	Waseca	MN	41:53	8:23
42	282	Kris Metzdorff	Waseca	MN	42:09	8:26
43	286	Kyla Brosh	Waseca	MN	42:11	8:27
44	314	Jenano Jr Delgado	Waseca	MN	42:19	8:28
45	326	Mark Denn	Waseca	MN	42:28	8:30
46	254	Erin Holland	Ellendale	MN	42:59	8:36
47	269	Kim Schlaak	New Richland	MN	43:11	8:39
48	260	Carolyn Lohr	Denver	CO	43:43	8:45
49	335	Jane Fitzsimmons	Waseca	MN	43:53	8:47
50	202	Corey Demmer	Rochester	MN	44:09	8:50
51	204	Zach Demmer	Rochester	MN	44:10	8:50
52	267	Jeff Cook	Rapid City	SD	44:29	8:54
53	229	Jennifer Wilson	Owatonna	MN	44:46	8:58
54	319	Mandy Bauer	Janesville	MN	45:33	9:07
55	248	Parker Christiansen	Waseca	MN	45:57	9:12
56	332	Alek Hughes	Philidelphia	PA	46:37	9:20
57	333	Kathelyn Miller	Waseca	MN	46:38	9:20
58	300	Bodui Bice	Waseca	MN	47:05	9:25
59	283	Lisa Klug	Waseca	MN	47:25	9:29
60	278	Blain Nelson	Waseca	MN	47:30	9:30
61	334	Grogory Miller	Waseca	MN	47:33	9:31
62	261	Leo Bryron	Waseca	MN	47:34	9:31
63	337	Gunner Johnson	Waseca	MN	47:40	9:32
64	240	Kabel Danee	Camas	WA	47:52	9:35
65	201	Angela Adams	Janesville	MN	47:53	9:35
66	242	Xan Demmer	Waseca	MN	48:34	9:43
67	221	Joanie Olson	Janesville	MN	48:53	9:47
68	258	Gary Ridge	Owatonna	MN	49:31	9:55
69	301	Grady Bice	Waseca	MN	50:03	10:01
70	263	Beth Krause	Janesville	MN	50:11	10:03
71	276	Brian Britton	Waseca	MN	50:21	10:05
72	277	Renee Ullom	Key West	FL	50:57	10:12
73	348	Andrew Wiener	Waseca	MN	51:05	10:13
74	287	Alayna Akers	Waseca	MN	51:15	10:15
75	341	Nick Banmann	Mahtomedi	MN	51:20	10:16
76	342	Kristy Singlestad	Minneapolis	MN	51:20	10:16
77	228	Louise Thorson	Waseca	MN	51:40	10:20
78	297	Cheri Winegar	Waseca	MN	51:47	10:22
79	218	Katherine Nelson	Waseca	MN	51:50	10:22
80	302	Larry Lewer	Coon Rapids	MN	51:57	10:24
81	247	Ethan Speikers	Waseca	MN	52:16	10:28
82	244	Tammy Hoehn	Waseca	MN	52:35	10:31
83	257	Heather Dimmel	Janesville	MN	52:36	10:32
84	216	Jaala Miller	Waseca	MN	52:49	10:34
85	281	Mary Emerson	Janesville	MN	52:51	10:35
86	259	Rebecca Schimming	Waseca	MN	53:56	10:48

87	211	Maddy Knoll	Waseca	MN	54:48	10:58
88	238	Alison Montag	Minnesota Lake	MN	55:19	11:04
89	328	Jennifer Mackey	Waseca	MN	55:23	11:05
90	219	Wayne Nelson	Waseca	MN	55:33	11:07
91	245	Amy Lang	Cedar Falls	IA	55:39	11:08
92	293	Cora McCabe	Janesville	MN	55:48	11:10
93	292	Heidi McCabe	Janesville	MN	55:49	11:10
94	306	Eddie Herman	Waseca	MN	56:02	11:13
95	308	Jay Herman	Waseca	MN	56:07	11:14
96	291	Cheryl Braget	Owatonna	MN	56:12	11:15
97	212	Mary Knoll	Waseca	MN	56:30	11:18
98	312	Jolene Held	Shakopee	MN	56:37	11:20
99	210	Douglas Knoll	Waseca	MN	56:41	11:21
100	231	Gene Wood	Waseca	MN	56:42	11:21
101	305	Sondra Herman	Waseca	MN	56:44	11:21
102	307	Lexi Herman	Waseca	MN	56:45	11:21
103	109	Gabriela Rodriguez	Waseca	MN	58:41	11:45
104	223	Debbie Rodriquez	Waseca	MN	58:41	11:45
105	250	Ron Huelsnitz	Janesville	MN	58:43	11:45
106	275	Aaron Omtvedt	Waseca	MN	1:00:17	12:04
107	217	Blair Nelson	Waseca	MN	1:00:21	12:05
108	227	Jennifer Smith	Waseca	MN	1:01:00	12:12
109	239	Kabel Charlee	Camas	WA	1:02:39	12:32
110	264	Rick Rugroden	Waseca	MN	1:03:03	12:37
111	241	Kabel Kim	Camas	WA	1:03:19	12:40
112	350	Amber Quinn	Eden Prairie	MN	1:03:37	12:44
113	351	Rory Quinn	Eden Prairie	MN	1:03:38	12:44
114	220	Tammy Neusbaum	Waterville	MN	1:06:33	13:19
115	226	Corie Sendle	Waterville	MN	1:06:34	13:19
116	346	Delaina Wad	St. Clair	MN	1:06:59	13:24
117	249	Mark Christiansen	Waseca	MN	1:07:29	13:30
118	343	Nick Ward	St. Clair	MN	1:08:13	13:39
119	345	Emma Ward	St. Clair	MN	1:08:26	13:42
120	243	Sarah Wachal	Waseca	MN	1:09:31	13:55
121	256	Douglas Wachal	Waseca	MN	1:09:40	13:56
122	213	Adam Kuball	Waseca	MN	1:09:49	13:58
123	298	Lizle Frisk	Waseca	MN	1:10:47	14:10
124	299	Aley Frisk	Waseca	MN	1:10:48	14:10
125	344	Tiffany Ward	St. Clair	MN	1:11:57	14:24
126	215	Tarin Kuball	Waseca	MN	1:12:24	14:29
127	325	Nancy Denn	Waseca	MN	1:13:07	14:38
128	234	Ron Kanewischer	Waseca	MN	1:16:34	15:19
129	214	Kari Kuball	Waseca	MN	1:18:08	15:38
130	331	Aidan Sharp	Waseca	MN	1:21:16	16:16
131	330	Carrie Sharp	Waseca	MN	1:21:18	16:16
132	329	Jeremy Sharp	Waseca	MN	1:21:21	16:17

133	208	Robert Hunter	Waseca	MN	1:22:49	16:34
134	309	Stuart Miller	Waseca	MN	1:23:15	16:39
135	316	Paige Miller	Minneapolis	MN	1:23:15	16:39
136	233	Joe Delory	Janesville	MN	1:24:36	16:56
137	311	Sheri Wegner	Waseca	MN	1:24:38	16:56
138	273	Geraldine Kuschel	Waseca	MN	1:25:30	17:06
139	272	Bill Kuschel	Waseca	MN	1:25:32	17:07
140	274	Levi Kuschel	Waseca	MN	1:25:33	17:07
141	315	Laura Dewees	Waseca	MN	1:34:28	18:54
142	336	Julie Brass	Waseca	MN	1:34:29	18:54
143	349	Amanda Androli	Janesville	MN	1:35:04	19:01
144	232	Janet Wood	Waseca	MN	1:52:31	22:31

results by Final Time

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