## 16<sup>th</sup> Annual Waseca LakeFest Freedom Run Registration Mail In Form Thursday, July 4, 2019

Last Name First Name    _   _   _   _   _   _   _   _   _	
City State IIIIII II	
Shirt Size (circle one) Age on Race day 2XL XL L M S	
Race Entered 1 Mile Kids Run (Age 16 & Under) at 8:00 am 5 Mile Run around Clear Lake at 8:30 am	
Pre-Registration by June 27: \$20 (includes T-shirt on race day) Race Day Registration: \$ 25 (includes T-shirt as supply lasts) Race Day Registration: \$ 15 (no T-Shirt)	
<b>Waiver.</b> Knowingly and at my own risk, I hereby apply to enter the Waseca Lakefest Freedom Run and do hereby waive and release any and all claims for damages that I may incur as a result of my participation in the event against the Waseca Lakefest Freedom Run, all sponsors, employees, volunteers or officials of these organizations. I further certify that I have full knowledge of the risks involved in this event and that I am physically fit and sufficiently trained to participate. If however, as a result of my participation, I require medical attention, I hereby give consent to authorize medical personnel to provide such medical care as deemed necessary.	
Signature	
Registrations Accepted By: 1. Register online with MC/Visa at Waseca Community Education by June 27	
<ol> <li>OR Mail in registration form with check payable to WLA by June 27. Mail to</li> <li>OR Race Day Walk Up</li> </ol>	
Please register by by June 27 to assure shirt on race day. All proceeds go to lake improvement projects.	Waseca Lakes Assn 604 9 <sup>th</sup> Street NE Waseca, MN 56093