18th Annual Waseca LakeFest Freedom Run
Registration Mail In Form
Tuesday, July 4, 2023

Last Name |__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|

First Name |__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|

City |__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|

State |__|__|

Age on Race day _____

Shirt Size (circle one) Children: L (12-14), Adult: S M L XL 2XL

Race Entered

___ 1 Mile Kids Run (Age 10 & Under) at 8:00 am at 8:00 am
___ Wiggle butt Dog Walk (Distance at your discretion) at 8:30am
___ 5 Mile Run around Clear Lake at 8:30 am

Pre-Registration by June 16: $20 (includes T-shirt on race day)
Race Day Registration: $ 25 (includes T-shirt as supply lasts)
Race Day Registration: $ 15 (no T-Shirt)

Waiver. Knowingly and at my own risk, I hereby apply to enter the Waseca Lakefest Freedom Run and do hereby waive and release any and all claims for damages that I may incur as a result of my participation in the event against the Waseca Lakefest Freedom Run, all sponsors, employees, volunteers or officials of these organizations. I further certify that I have full knowledge of the risks involved in this event and that I am physically fit and sufficiently trained to participate. If however, as a result of my participation, I require medical attention, I hereby give consent to authorize medical personnel to provide such medical care as deemed necessary.

Signature _____

Registrations Accepted By:

1. **Register online at WasecaLakes.org, Payment via PayPal.**
2. **OR Mail in registration form with check payable to WLA by June 16. Mail to:**

Waseca Lakes Assn
604 9th Street NE
Waseca, MN 56093

3. **OR Race Day Walk Up**

Please register by by June 16 to assure shirt on race day. All proceeds go to lake improvement projects.